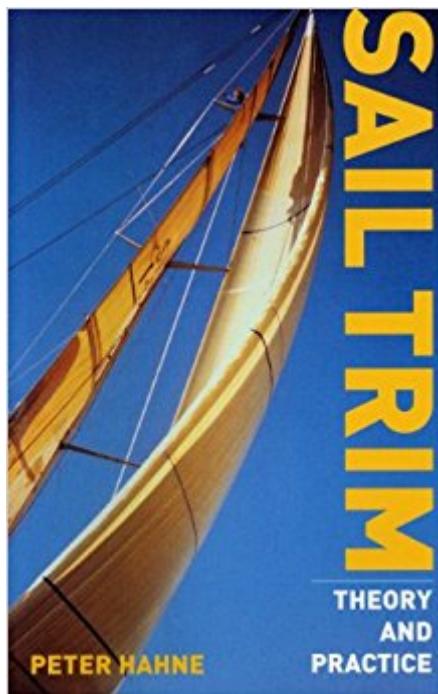


The book was found

# Sail Trim: Theory And Practice



## **Synopsis**

Good sail trim can mean the difference between winning and losing a race or reaching harbor before the tide turns. This book demystifies the skill of good sail trim with the aid of superb color diagrams and photograph, to enable racers and cruisers alike to sail efficiently and get the most out of their boats. Taking account of all types of wind condition the author explains: aero and hydrodynamics, rig types, the best way to rig a vessel, sail cloth and cut, the right trim for the mainsail and smaller sails, and sailing before the wind. There is really only one way to set your sails for maximum efficiency; this book explains how.

## **Book Information**

Paperback: 128 pages

Publisher: Sheridan House; First American Edition edition (September 1, 2005)

Language: English

ISBN-10: 1574091980

ISBN-13: 978-1574091984

Product Dimensions: 5.6 x 0.4 x 8.6 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 3.5 out of 5 stars 6 customer reviews

Best Sellers Rank: #524,870 in Books (See Top 100 in Books) #33 in Books > Sports & Outdoors > Outdoor Recreation > Sailing > Instructional #47 in Books > Engineering & Transportation > Engineering > Aerospace > Aerodynamics #85 in Books > Engineering & Transportation > Engineering > Marine Engineering

## **Customer Reviews**

It is a very well organized, well written book. The text is clear, and the colour pictures and graphics are wonderful aids to getting the mind around the subject. (Sailing) This book explains it all in an easy to comprehend manner, including color diagrams and photographs. (Latitudes & Attitudes)

Peter Hahne was a skipper for a number of years in the North Sea, East Sea, the Atlantic and the Mediterranean. He worked for 10 years as Editor on a leading German sailing magazine. He is now a freelance journalist and author.

This should help improve your sail handling. This explains how and why you should care about your sails trim without a lot of math or overly complex explanations. This has made the cut for my short

list of books to carry on my boat. This is both a good winter read and something that you can review from time to time while waiting out the occasional summer shower.

I am a fledgling sailor and was looking for more basic instruction. Most of this book is way over my head.

good book

You would think a book entitled "Sail Trim" might actually have more than a few pages on that topic. Instead, you get 20 pages on poorly simplified and misrepresented fluid dynamics (granted, I was an Aerospace Engineer in college), 30 pages on different kinds of boats, 15 pages about a "new" automated sail trim on some crazy German boat, and 2 pages that - with no real explanation - dictate rig tuning and sail trim for a variety of conditions. I was expecting the "Theory" to inform the "Practice" and hoping to learn something I didn't know about the complex interactions of multiple sails on large yachts and the way to use dozens of different controls to maximize boat speed. But there was none of that. This purchase was a huge failure of 's "Look Inside" feature. Do NOT buy this book unless you are a casual cruiser and an armchair physicist - if you take either discipline at all seriously, you will be sadly disappointed.

Clearly explains the theoretical and practical aspects of trim. Very enlightening. We sail faster now having read this book!! Well worth the cost and effort.jn

This book does a decent job at describing the aerodynamics and hydrodynamics of a keelboat. Admittedly, it's a tough topic to teach from a book. The difference between books on sail trim and theory really comes down to the graphics used to help in explanation. This is where this book falls short. Having said that, though, a new sailor will learn and benefit from reading Hahne's book.

[Download to continue reading...](#)

Sail Trim: Theory and Practice Trim Healthy Mama's Trim Healthy Table: More Than 300 All-New Healthy and Delicious Recipes from Our Homes to Yours A Manual of Sail Trim The Best of Sail Trim Plain Sailing: The Sail-Trim Manual for New Sailors Plain Sailing: Learning to See Like a Sailor: A Manual of Sail Trim How to Sail Around the World : Advice and Ideas for Voyaging Under Sail How to Sail Around the World: Advice and Ideas for Voyaging Under Sail (International Marine-RMP) Cruising Under Sail (incorporating voyaging under sail) with 251 Photographs and 102

Diagrams Sail Power: The Complete Guide to Sails and Sail Handling Maximum Sail Power: The Complete Guide to Sails, Sail Technology, and Performance Environmental Justice: Legal Theory and Practice, 3d: Legal Theory and Practice (Environmental Law Institute) ICD-10-CM/PCS Coding: Theory and Practice, 2017 Edition - E-Book (Icd-10-Cm-Pcs Coding Theory and Practice) Photon Emission from Biological Systems-Theory and Practice : Proceedings of the 1st International Symposium, Wroclaw, Poland, January 24-26 1986 Holly Clegg's trim&TERRIFIC EATING WELL TO FIGHT ARTHRITIS: 200 easy recipes and practical tips to help REDUCE INFLAMMATION and EASE SYMPTOMS Wheat Belly Recipes: 39 Wheat Belly Recipes Including Diet Plan And Food List To Help Trim Your Waistline-Get Rid Of Unwanted Fat Rapidly And Improve Your ... Free Recipe, Gluten Free Diet Book 6) Fight Fat After Forty: The Revolutionary Three-Pronged Approach That Will Break Your Stress-Fat Cycle and Make You Healthy, Fit, and Trim for Life Stability and Trim for the Ship's Officer Yoga For Weight Loss: Yoga Weight Loss Secrets to Melt Fat, Trim Inches and Get a Youthful Sexy BodyÃ¢â€šâ€œ •FAST! Trim Healthy Mama Plan: The Easy-Does-It Approach to Vibrant Health and a Slim Waistline

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)