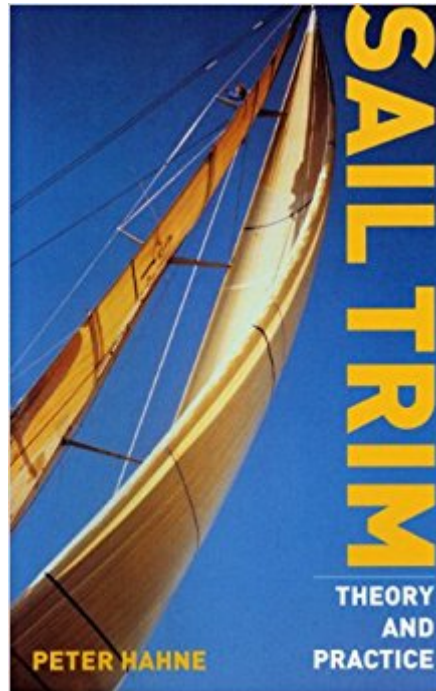




The book was found

# Sail Trim: Theory And Practice



## Synopsis

Good sail trim can mean the difference between winning and losing a race or reaching harbor before the tide turns. This book demystifies the skill of good sail trim with the aid of superb color diagrams and photograph, to enable racers and cruisers alike to sail efficiently and get the most out of their boats. Taking account of all types of wind condition the author explains: aero and hydrodynamics, rig types, the best way to rig a vessel, sail cloth and cut, the right trim for the mainsail and smaller sails, and sailing before the wind. There is really only one way to set your sails for maximum efficiency; this book explains how.

## Book Information

Paperback: 128 pages

Publisher: Sheridan House; First American Edition edition (September 1, 2005)

Language: English

ISBN-10: 1574091980

ISBN-13: 978-1574091984

Product Dimensions: 5.6 x 0.4 x 8.6 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 3.5 out of 5 stars 6 customer reviews

Best Sellers Rank: #524,870 in Books (See Top 100 in Books) #33 in [Books > Sports & Outdoors > Outdoor Recreation > Sailing > Instructional](#) #47 in [Books > Engineering & Transportation > Engineering > Aerospace > Aerodynamics](#) #85 in [Books > Engineering & Transportation > Engineering > Marine Engineering](#)

## Customer Reviews

It is a very well organized, well written book. The text is clear, and the colour pictures and graphics are wonderful aids to getting the mind around the subject. (Sailing) This book explains it all in an easy to comprehend manner, including color diagrams and photographs. (Latitudes & Attitudes)

Peter Hahne was a skipper for a number of years in the North Sea, East Sea, the Atlantic and the Mediterranean. He worked for 10 years as Editor on a leading German sailing magazine. He is now a freelance journalist and author.

This should help improve your sail handling. This explains how and why you should care about your sails trim without a lot of math or overly complex explanations. This has made the cut for my short

list of books to carry on my boat. This is both a good winter read and something that you can review from time to time while waiting out the occasional summer shower.

I am a fledgling sailor and was looking for more basic instruction. Most of this book is way over my head.

good book

You would think a book entitled "Sail Trim" might actually have more than a few pages on that topic. Instead, you get 20 pages on poorly simplified and misrepresented fluid dynamics (granted, I was an Aerospace Engineer in college), 30 pages on different kinds of boats, 15 pages about a "new" automated sail trim on some crazy German boat, and 2 pages that - with no real explanation - dictate rig tuning and sail trim for a variety of conditions. I was expecting the "Theory" to inform the "Practice" and hoping to learn something I didn't know about the complex interactions of multiple sails on large yachts and the way to use dozens of different controls to maximize boat speed. But there was none of that. This purchase was a huge failure of its "Look Inside" feature. Do NOT buy this book unless you are a casual cruiser and an armchair physicist - if you take either discipline at all seriously, you will be sadly disappointed.

Clearly explains the theoretical and practical aspects of trim. Very enlightening. We sail faster now having read this book!! Well worth the cost and effort.jn

This book does a decent job at describing the aerodynamics and hydrodynamics of a keelboat. Admittedly, it's a tough topic to teach from a book. The difference between books on sail trim and theory really comes down to the graphics used to help in explanation. This is where this book falls short. Having said that, though, a new sailor will learn and benefit from reading Hahne's book.

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